Principal’s Report - Remembrance Day

Next Tuesday, November 11, we will commemorate Remembrance Day with a special assembly at 9am where RSL President, Merv Hampson, will address the school community on the importance of the day. Members of the RSL will also be in attendance. At 11am our house leaders will attend the commemoration at the war memorial and lay a wreath on behalf of the school.

What follows is a brief extract which explains a little about the history of ‘Remembrance Day.’

At 11 am on 11 November 1918 the guns of the Western Front fell silent after more than four years continuous warfare. The allied armies had driven the German invaders back, having inflicted heavy defeats upon them over the preceding four months. In November the Germans called for an armistice (suspension of fighting) in order to secure a peace settlement. They accepted the allied terms of unconditional surrender.

The 11th hour of the 11th day of the 11th month attained a special significance in the post-war years. The moment when hostilities ceased on the Western Front became universally associated with the remembrance of those who had died in the war. This first modern world conflict had brought about the mobilisation of over 70 million people and left between 9 and 13 million dead, perhaps as many as one-third of them with no known grave. The allied nations chose this day and time for the commemoration of their war dead.

After the end of the Second World War, the Australian and British governments changed the name to Remembrance Day. Armistice Day was no longer an appropriate title for a day which would commemorate all war dead.

Camps and excursions

Please keep in mind that before students can attend a camp or excursion they must return the appropriate consent forms (and medical forms where appropriate). We have had a number of instances recently where last minute contact has had to be made prior to an excursion and obviously this isn’t ideal. It is also important to keep in mind that if a student makes a commitment to attend a camp and then doesn’t attend it does have a flow-on effect in terms of costs. We would certainly expect that if a commitment is made to attend a camp then that commitment is honoured unless there are exceptional circumstances.

Instrumental Music Concert

Congratulations to Melanie Pocknell’s instrumental music students who performed a range of musical items for family and friends last week. Eighteen students performed on piano, guitar, recorder, drums, flute and saxophone. Well done to all concerned!

Curriculum Planning Day

Please keep in mind that Friday 21 November is a pupil-free day for all students as staff will be involved in curriculum planning for 2015.

Graeme Good
Our Yr 12 students are half way through their exam period. Parents please remind your children they need to avoid the BER building and surrounding area during exam times, keeping quiet etc.

Please refer to the Mortlake College Yr 12's timetable below -

Thursday 6th -
11:45am—2:00pm Physical Education
3:00pm—5:15pm Maths Methods Exam 2

Tuesday 11th -
3:00pm—5:15pm Legal Studies

Wednesday 12th -
9:00am—11:45am Physics

Thursday 13th -
9:00am—10:45am Art

Friday 14th -
9:00am—10:45am Food & Tech
3:00pm—5:15pm IT Software

Monday 17th -
9:00am—10:45am Systems Engineering

Wednesday 17th -
9:00am—10:45am VET Engineering

GOOD LUCK TO ALL OUR YR 12 STUDENTS -
You are nearly there!!

Please note Active After School Cricket will proceed as normal -
There will now be a session next Wednesday 12th....
(Original plan was to miss this week due to Nathan unavailable)
Friday 21st November -
No school for students—Curriculum Day

Wednesday 17th December -
Students last day

Thursday 29th January 2015 -
Students/Mentor meetings & P-4 Testing

Friday 30th January 2015 -
Classes start

Lost Property

Lost - near 5-7 room
1 size 18 school woollen jumper
Name under label - Andrew O'Brien

Please check your child has not mistakenly picked up the wrong jumper.

Lost -
1 white Ipad 2
Is in a “cassette tape” design cover from Typo.
Missing since Friday.
If found please take to General Office or ring
Ned Ph: 5599 5201
Thanks
Thankyou to everyone that donated cakes and slices etc for our Race Day fundraising event - your support is very much appreciated!

HELP NEEDED

Mortlake College is doing Meals on Wheels next week from 10th – 14th November.

We are desperately looking for volunteers Thursday 13th and FRIDAY 14th. Could you help for 1 hour at lunchtime on either of these days?

11:30am — collect children from school as helpers.
11:45am — collect meals from Abbeyfield to deliver.

Please call Mirren Munn on
Mob: 0488 295 310
If you can help.
THANKS!!
Lunch box blitz

On Tuesday 28\textsuperscript{th} of October a group of people came to the 3/4 classes to talk about the ‘Lunch Box Blitz’. Their names were Glen, Neil, Linda and Emily. Mr Boyden also did some talking. The first thing we all did was play two games. The first game was where Glen would say a food and we would have to put our thumbs up if it was healthy, and thumbs down if it was unhealthy. Then we played a game a bit like that. Glen would call out a food like the other game, and we would make the shape of it in groups. After we did that we did a poster. The poster was about a healthy meal we would like to have for lunch. We had to draw two vegetables, one protein and one carbohydrate. When we finished that we did another poster, in that poster we had to draw our whole lunch. It had to have our meal that we had just drawn, a vegetable, a fruit, a snack, a dairy and some water. Over all I think everyone had a great afternoon and we all learnt something about healthy eating and how much fun it can be.

Thank you to Glen, Neil, Emily, Linda and all the teachers who organized the activity.
Students travelled to Warrnambool last Thursday to play in a Super 8’s cricket competition.

Results:

**Girls**
- Defeated Warrnambool College 2 (151-52)
- Defeated Warrnambool College 1 (161-53)
- Defeated Brauer College (203-45)
- Grand Final: Lost to Hawkesdale (122-118)

**Boys**
- Defeated Emmanuel College (117-83)
- Defeated Terang College (177-42)
- Lost to Emmanuel College (162-59)

Thanks to Val Riordon and Nick Jones for their assistance on the day and at training.
Below is a schedule of the training dates for the Year 8/9 bike camp to be held later in the term. Students need to remember the following items -

- Mountain or hybrid bike in good working condition
- Australian Standards Approved Helmet
- Sport gear
- Drink bottle

**CAMP FINAL PAYMENTS ARE DUE Tuesday 2nd December ($95)**

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<thead>
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<th>Week</th>
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<tr>
<td>10th – 14th Nov.</td>
<td>Periods 1 &amp; 2</td>
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<tr>
<td>17th – 21st Nov</td>
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<td>Periods 1 &amp; 2 (WILD)</td>
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<tr>
<td>24th – 28th Nov.</td>
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<td>Periods 5 &amp; 6</td>
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<tr>
<td>1st – 5th Dec</td>
<td>Practical Assessment (All day)</td>
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<td></td>
<td>Final Bike checks</td>
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**WILD CAMP**

Last Thursday eight boys from Years 8-11 participated in a three day camp in the Bridgewater area. The purpose of the camp was to prepare the boys for their nine day journey which will begin in a couple of weeks. The camp was challenging in that the boys had to carry all their food and tents throughout the journey, and on the middle day covered a distance of 17km which included dunes and hills!
On Monday night the Year 10 and 11 girls travelled to Port Fairy to participate in the Girls Night Out camp. We were very lucky to have the support of Geraldine Edar from the Moyne Shire who had organised our accommodation at the Southcombe Park Lodge, and also spoke to the students about her life story. During the camp the girls walked, cooked, and chatted about a whole variety of issues including how to best approach life in VCE and support each other. We had a wonderful time and would like to thank Kerry Boyden and Anne DeManser for their role in organising the camp.
Music Concert

INSTRUMENTAL MUSIC NIGHT!!

Last Thursday night, the 30th of October, eighteen music students performed for an audience of family and friends in the BER.

There was a variety of songs performed, ranging from children’s songs (such as “Old McDonald”) to classical (“Fur Elise”) to jazz (“Pink Panther theme”) to pop songs (Christina Aguilera). Three students (Shayne, Ned and Harry) performed on two different instruments apiece. There were a few nerves on the night but all the students performed well and the parents enjoyed seeing what their children have been learning.

Thank you to the following students for performing on the night: Logan Bray, Samuel Hall, Letitia Howat, Zoe Boyden, Lucas Johnson, Zac Sheridan, Shayne Woods, Amelia Barry, Shae DeFrancesco, Taine DeManser, Thomas Hetherington, Ruby Schuring, Ned Quail, Matilda Hetherington, Ali McKenzie, Harry Quail, Lizzy Kelly and Bree Cummins. Some of these students were performing in their eighth concert!

Thank you also to the Grade 5/6 students who helped me set up on the night and everyone who assisted in packing up again. And thank you to the parents, without your support of the music lessons, such a concert would not be able to take place!

Melanie Pocknall - Instrumental Music Teacher
Health & Well Being

Free Audiology Testing for all Year 7 Students

On November the 7th students in Year 7 will have the opportunity to have their hearing tested by the visiting audiology service Wimmera Hearing Society. This is a free service.

All students in year 7 are being tested, if you do not wish your child to have their hearing tested, please notify the school and also discuss this with your child.

What is eheadspace?

A confidential, free, secure space where young people 12-25 can chat, email or speak with a qualified youth mental health professional. eheadspace can help with issues such as bullying, drug and alcohol issues, depression and anxiety, relationships, concerns about friends, fitting in and isolation. They are part of headspace, the National Youth Mental Health Foundation. Visit https://headspace.org.au.

eheadspace is not an emergency service, if you need to speak to someone urgently support helplines include: ☎️ Lifeline 131114 and 📞 Kids helpline 1800 55 1800

What is kidshealth?

A free confidential online people e and telephone counselling service for children and young people 5-25. Kids Helpline is a 24 hour helpline, the phone number is 1800 55 1800. They also have an online site. Visit www.kidshelp.com.au
Mortlake Junior Sharks

End of Year Meeting—Wednesday 12th November 7pm
At Mortlake Footy Rooms.
All current & new Parents are invited to discuss the plans for junior footy and netball in 2015.

“THE TALK” - LIVE WITH NELLY THOMAS

ABOUT: Based on Nelly Thomas’s ground-breaking sexual health and ethics DVD “The Talk”
Nelly goes into school communities and talks to parents about how to have The Talk with their kids. The presentation is fun, informative and light-hearted and goes for 30-40mins, followed by a Q&A with Nelly, a local panel and the parents. A great way to get the parents involved in their kids’ health.

WHEN: November 26, 2014 / TIME: 6.30pm for 7pm-9pm
WHERE: Deakin on Timor, Warrnambool City Centre, 165 Timor St, Warrnambool
COST: Free / REGISTRATION: Essential for admission to this event
AUDIENCE: Parents/carers of grade 5/6 & secondary school students
REGISTER NOW! Visit http://nellywarrnambool.eventbrite.com.au

EVENT ENQUIRIES:
Julia Thompson, Women’s Health and Wellbeing Barwon South West,
5500 5490 or jthompson@womenshealthbsw.org.au

www.womenshealthbsw.org.au
FOR SALE
50 x Glentanna White Suffolk Rams
1½ years old
Detpa Grove Blood
Contact—
Adam Lehmann
Ph: 0466 013 915
2015
Warrnambool City Council
& South West TAFE
Traineeship Program

Want to kick-start your career, have a year off before Uni, or aspiring to return to the workforce?
Warrnambool City Council and South West TAFE are seeking motivated and enthusiastic people wanting to gain hands-on work experience while studying a nationally recognised qualification.

Warrnambool City Council has the following positions available:

- Engineering
- Economic Development
- Tourism Service (Flagstaff Hill)
  - Environment (Parks & Gardens)
  - Community Development
- Aquazone
- Town Planning
- Holiday Parks

South West TAFE has the following positions available:
- 4 x Administration positions

This is an exciting opportunity for people of all ages and abilities. Apply now!

Applications close: 5pm Monday 24 November 2014
Or contact WCC HR: 5559 4408.
Cobden Primary School

Goods & Services Auction
Fundraiser Featuring local band

“WOLF TRIO”

*At the Cobden Civic Hall
8th November 2014
Doors open at 6.30pm – Auction starts at 7.00pm
Tickets $20 per person – Tables of 10 are available – Smart Casual Dress

TO BOOK PHONE
PAULA 0419889060     JULIE 0408324314
ELLA 0488057000      LIZ 0418542073

Payment for tickets can be made online—
Cobden Primary School
BSB 083-573   A/C 46-824-6196
A once in a lifetime opportunity to be at Gallipoli next Anzac Day
You can win a trip for two to Istanbul and Gallipoli in April 2015 by visiting the Australia in the Great War Facebook and just clicking to enter.

Competition closes 11 November 2014 so hurry to enter.

Anzac day 2015 will be a special time as we commemorate 100 years since the Gallipoli landing and being there will be an amazing experience.

www.facebook.com/AustraliaGreatWar

Competition Closes 11 November 2014
Living with Teens

A 3 week program for parents of 10 - 15 year olds

Living with Teens will:
- Help parents understand and cope better with the challenges of early adolescence.
- Provide parents with information and skills for developing and maintaining trusting, positive relationships with their young adolescents.

During sessions parents have the opportunity to discuss and practice a range of strategies and ideas including:
- Adolescent development
- Connecting and communicating
- Negotiating boundaries
- Solving problems
- Setting effective limits
- Parental self care

(Sorry, no childcare available)

For enquiries and bookings

Contact Marea on 5559 3000 by: 4th November, 2014
Tackle the Issue: Ice, Alcohol and Other Drug Forums

The Australian Drug Foundation’s Good Sports program is holding a series of forums around Victoria to help you and your members learn how your sports club can support their members, families and the community to prevent and tackle drug use.

These forums will be hosted by experts in drug prevention and treatment who will help you understand practical ways that can reduce drug problems and help people live happy and healthy lives.

Who should attend?
- Sports club administrators, players and members
- People involved in education, local government, health, community development and youth services
- Concerned community members

Why should I attend?
- Get the facts about alcohol, ice and other drugs from the people that know. Experts from the Australian Drug Foundation and Youth Support and Advocacy Service (YSAS) will lead prominent members of your community in a panel discussion.
- Lead by example. Find out how you and your sports clubs can help tackle ice, alcohol and other drugs in the community.
- How to develop and implement an alcohol and other drug policy for your sporting club. Good Sports representatives will talk you through developing a drugs policy that you can implement at your sporting club.

How do I register?
GoodSports.com.au/tackletheissue/forums

Forum Details
Date: Monday 10 November
Time: 6.00pm – 8.30pm
Location: Lighthouse Theatre Warrnambool
185 Timor Street
Warrnambool Victoria 3280
Refreshments will be provided.

For more information visit the website link above.
Telephone: 03 9611 6100

Register here

We would like to thank our funders and supporters
The Australian Drug Foundation acknowledges the support of the Victorian Government.

The Australian Drug Foundation would also like to gratefully acknowledge the local community support and partners.
You are warmly invited to a **Celebratory Morning Tea**

*Sunday November 30, 2014 at 10am*

for the **150th anniversary of Cudgee Primary School**

Please **RSVP to the school by November 15th**

Please feel free to forward this invitation to any past students, staff or interested community members. Cudgee Primary School invites families to find out more about our school community, by calling to arrange a school tour or coming along to annual school events:

- Cudgee Primary School Night Market (Fri 28 November 5 – 8pm)
- Cudgee Primary School Concert (Tue 9 December 6pm)

Fiona Suhay (Principal) and Matt Dodson (Classroom Teacher)
Cudgee Primary School
3 Hallowells Rd, Cudgee 3265
p: 55676346 m:0438639095 e: cudgee.ps@edumail.vic.gov.au
www.cudgeeps.vic.edu.au
### 2014 CALENDAR

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<td>Thurs 6th</td>
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<td>Wed 26th - Fri 28th Advance Camp Lorne</td>
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<td>Thurs 6th</td>
<td>Advance Excursion Warrnambool</td>
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<td>Fri 28th Helpers Morning Tea</td>
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<td>CFA Bus to Mortlake College Prep - 7</td>
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<td>Mon 10th &amp;</td>
<td>P-4 SSG’s</td>
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<td>Tues 11th</td>
<td>Tues 2nd SAKG ends - Special Lunch</td>
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<td>Tues 11th</td>
<td>Year 5/6 Cricket</td>
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<td>Fri 5th Yr 4 Graduation</td>
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<td>Tues 11th</td>
<td>School Council Meeting</td>
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<td>Fri 5th Year 5-10 Picnic &amp; Yr 10 Last Day</td>
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<td>Tues 11th -</td>
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<td>Thurs 13th</td>
<td>Mon 8th Christmas Elves Yrs 5-9</td>
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<td>Wed 12th</td>
<td>Preps visit Kinder 12noon lunch</td>
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<td>Tues 9th - Fri 12th - Headstart program (2015 Yrs 5-7)</td>
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<td>Wed 12th</td>
<td>Parent Association Meeting</td>
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<td>Tues 9th 2015 Prep - Year 4 Orientation Classes till 1pm</td>
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<td>Yr 11 Classes conclude</td>
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<td>Fri 14th</td>
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<td>Tues 16th Yr 3/4 Bike Excursion</td>
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<td>Sun 23rd -</td>
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