Term 4 - Week 1 – 4th October 2016

Principal’s Report -

Parents’ Association Open Gardens
We are certainly very fortunate to have two wonderful gardens open for visiting on Sunday 20th November between 10am and 4pm. We are very grateful to Jen & Jack Roxburgh and Lucy & Tom Gubbins for their generosity in opening their gardens. The Parents’ Association are working very hard to ensure that the day is a success and I’m sure they would welcome any offers of assistance.

As part of the day’s fundraising activities the Parents’ Association are asking that classes and house groups provide goods for raffle baskets with the following themes;

Year Prep: Pantry
Year 1: Craft
Year 2: TV Treats
Year 3/4CR: Gardening
Year 3/4P: Parents’ Pamper
Years 5-7: Gardening
Year 8 – 12: Christmas

It would be great if you can send in items with your child over the next few weeks.

Greater Western Region Athletics

Congratulations to the students who participated in the GWR Athletics in Ballarat last Friday. The day was very successful with some fantastic results and PB’s recorded. Special congratulations to Jake Tanner who was first in the Open High Jump and second in the Open Triple Jump, Sophie Lehmann who was second in the Under 14 Shot Put and Isaac Wareham who was second in the Under 15 1500m.

Deakin University Visit

Last Friday the Year 9/10 students visited the Deakin University in Geelong as part of the Deakin Equity and Access program. The students enjoyed a tour of the university campus and a range of talks and activities.
School Uniform

As I have mentioned previously there is no set date for girls to move from wearing winter uniform to wearing summer uniform, however it is not acceptable to wear a combination of both. This week, with the colder weather we have been experiencing, a small number of girls have been wearing tights or leggings under their summer dress. Another ongoing issue with uniform concerns shoes and I would ask parents to ensure that students wear correct school shoes at all times.

Behaviour on school buses

This week I have spoken to three students regarding inappropriate behaviour on the school buses and I would remind all students that any behaviour that can cause a distraction to the driver or be offensive to others will not be tolerated.

Graeme Good

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A reminder that ALL students are to wear hats at recess and lunch time during Terms 1 & 4

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BIRTHDAYS

Happy Birthday to all students who have birthdays this week.

OCTOBER

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2017 Prep Enrolments

We are currently taking enrolments for Prep for 2016. Please if you have not already enrolled your child, send in the enrolment forms or call into the school for an enrolment pack. This helps with our classroom planning for 2017.

Families are most welcome to call at the school any time for a tour.

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Curriculum Planning Day

Monday 14\textsuperscript{th} November is a pupil-free day to allow for whole-school planning for 2017.
Open Gardens

SUNDAY 20th NOVEMBER 2016
Open 10am-4pm

Come and spend a lovely Sunday in two stunning gardens:

Coomete 1011 Woolsthorpe–Hexham Rd HEXHAM
Merrang 1830 Woolsthorpe–Hexham Rd HEXHAM

Devonshire Tea • Sausage Sizzle • Espresso Coffee • Fresh Produce
Plant Stalls • Market Stalls • Face & Nail Painting

TICKETS AVAILABLE AT THE GATE
Adults ~ $10 for 1 garden ~ $15 for both  Pensioner ~ $8 for 1 garden ~ $10 for both
Children under sixteen ~ free

For more information please contact Lindsay Kain 0428 691 541
This week Monday 10th to 14th October, Endeavour House will be having a week long fundraiser to help save endangered animals.

P-7 Colouring competitions & quizzes
50c per entry

Year 8-12 Amazing Race
50c entry

OUT OF UNIFORM DAY

All students are asked to wear green on Friday 14th
Gold Coin Donation
All money raised will go to Bush Heritage work.

Prizes for all the competitions and for the best environmental theme dress up
Grand Final Breakfast:

Well done to the P-4 team who organised another wonderful Grand Final Breakfast on the last Friday of Term 3.
LUNCHTIME SPORT

Lunchtime Sport this week is Senior Mixed Soccer

Results from last week’s senior mixed basketball.

1st Inspire

2nd Succeed

3rd Endeavour

CRICKET VICTORIA CLINICS

Over the past week we had Tyler Fowler (past student) from Cricket Victoria teaching various classes about cricket.
Greater Western Region Athletics

On Friday 7th October 20 students travelled to Ballarat for the annual Greater Western Region Athletics Championships. All students should be congratulated on their achievements.

Congratulations to Isaac Wareham (2nd 1500m) and Jake Tanner (1st high jump) for qualifying for States next Monday in Melbourne.

Other place getters were Sophie Lehmann (2nd Shot put) and Jake Tanner (2nd Triple Jump).

STATE NOMINATIONS / REPRESENTATIVE SPORTS / RESULTS

Information regarding state nominations and other sports can be found on the School Sport Victoria website.  www.ssv.vic.edu.au

CONNECT

Parents and students can connect to School sports Victoria via Facebook and Twitter. Just follow the following links


Nathan Jones—Year 7-12 Sports Coordinator  jones.nathan.t@edumail.vic.gov.au
YEAR 8-10 BIKE EDUCATION

Some students from years 8-10 busy training for the Great Victorian Bike Ride as well as Port Fairy to Mortlake ride in November.
Any student wishing to participate in this event. Can you please see Mr Jones or Mr Boyden
Donations Please!

Thanks to all the families who have already organised their child(s)’ costumes. Donations of any of the following items would be most welcome.

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<th>ITEMS</th>
<th>PARTICULARS</th>
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<td>Hessian sacks or bags</td>
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<td>(old) T-shirts or singlets</td>
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<td>(old) Shorts or leggings</td>
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<td>Old sheets</td>
<td>White</td>
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<td>-will be painted/dyed</td>
<td>Neutral colours</td>
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<td>Feathers, boggle eyes, cotton wool and other small craft items</td>
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<td>Material scraps</td>
<td>All colours and patterns</td>
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<td>Raffia (dried grass for craft)</td>
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<td>Face paint</td>
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If any parents would be prepared to assist with set painting or sewing, please contact Amelia Fahie in the first week of Term 4.

Thanks for your support!

5-7 Performing Arts Team.

Breakfast Club

There will be no breakfast on
Monday 17th October
Getting cooperation from kids can be simple

In a conversation with a mum after a recent parenting seminar I was reminded how important it is to get the little things right if we want to get cooperation from kids….and avoid yelling, nagging and fighting with them.

She told me how she uses ‘when…then’ language when her children ask her to do something, particularly when she doesn’t think their timing is right.

Child: ‘Mum, can I watch TV?’

Parent: ‘When you’ve done your homework/done your jobs/helped your brother then you can watch TV.’

Grandma’s principle
I call ‘When…then’ language Grandma’s principle. My grandma was smart. She insisted that children do the boring and difficult things before they did the easy, fun activities.

Want to go out and play? Sure, but you need to get your homework out of the way first.

Grandma’s principle is all about getting the order right – get the boring but important stuff out of the way then you can relax and have fun.

Grandma’s principle has other applications as well.

You can use it to promote responsible behaviour as well.

“When you’ve helped your brother with his homework then you can play a game on the iPad.”

We can also use Grandma’s principle to give kids more freedom.

“When you’ve shown you can catch the bus to the shops safely on your own then you’ll be able to catch a bus into the city on your own.”

‘When…then’ opens up possibilities for kids.

Rather than saying “No you can’t have ice cream/use my phone/go out” you can grant kids their wishes contingent on doing the important things first.

“When…then” is a useful strategy to add to your parenting repertoire.
The Year 11 Food Technology class has been given a design brief to research and create healthy lunchbox ideas for teenagers. Each student is creating lunchbox ideas for one day of the week. The foods produced should be lower in fat, nutritionally balanced and litter free. The lunch boxes should contain morning and afternoon snacks as well as lunch, and be creative and appealing.

The class would like to share some of their recipes with you so that you can use them to create your own healthy lunch boxes!
**Baked bean dip with vegie sticks**

50 g green beans          220g can baked beans in tomato sauce
2 tbsps plain yoghurt       1 tsp finely chopped fresh flat leaf parsley leaves
2 celery stalks, trimmed and cut into sticks 1 large carrot, peeled and cut into sticks
1 large red capsicum, cut into sticks

**Step 1**
Bring a saucepan of water to the boil over high heat. Cook green beans for 3 minutes or until just tender. Drain. Refresh in a bowl of iced water.

**Step 2**

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**Vietnamese Chicken Salad**

3 chicken breast fillets        ½ large wombok, finely shredded
2 carrots, cut into matchsticks 1 cup fresh mint leaves
1 cup fresh coriander leaves     1 quantity Vietnamese dressing
½ cup roasted salted peanuts, chopped

**Vietnamese Dressing**

1/3 cup lime juice        1/3 cup fish sauce
4 small red chillies, deseeded and finely chopped 2 tbsp brown sugar

**Step 1**
Make dressing. Whisk lime juice, fish sauce, chilli and sugar together in a jug until sugar has dissolved.

**Step 2**
Place chicken in a large saucepan. Cover with cold water. Bring to the boil over medium heat. Reduce heat to low. Cover. Simmer, turning once, for 10 minutes or until cooked through. Remove from pan. Cool and shred.

**Step 3**
Place cabbage, carrot, mint, coriander and chicken in a large bowl. Drizzle with dressing. Toss to combine. Sprinkle with peanuts and serve.
JAPAN TOUR 2017

Would you like your child to:

See Mt Fuji?
Travel on a bullet train?
Visit one of the world’s biggest cities?
Try different food?
Experience another culture?
Explore another country?

Plans are underway for another tour to Japan in December, 2017. The tour is open to all students in Years 6 to 10 in 2017. Further information is available from Mrs Blomeley. If interested in having your child participate, please return an expression of interest to the office by Friday, October 28th.
Dairy Farmers Assistance Scheme

As part of the Victorian Government’s dairy assistance package the Camps, Sports and Excursions Fund (CSEF) is being extended to students currently enrolled in government and non-government schools whose parents own, share-farm or lease a dairy farm business; or those people whose primary occupation is working on a dairy farm.

The funding consists of a one off payment of $375 per student which can be used for camps, excursions and sports or to pay amounts owing on your account. Please see the application form with guidelines on how to apply for the funding which can be found at the back of the newsletter.

Your application must be received by the Business Manager no later than Friday, 18 November 2016 as the program is only being run up to the end of Term 4. Please note a Health Care Card is not a requirement for this assistance package.

If you have any further questions, please do not hesitate to contact the college on 55992204

Evidence may include:

- a dairy industry license issued by Dairy Food Safety Victoria (DFSV)
- lease documentation
- share farming contract
- agreement with a dairy production/supply company
- a letter from an employer
- a statutory declaration stating the family's main business or employment is on an operating dairy farm (in cases where other forms of evidence are not available).
- confirmation from a kindergarten that a younger sibling has been approved for the dairy Kindergarten Fee Subsidy on the basis of being an eligible dairy farming family (as above)

The Dairy Assistance Application Form must be lodged at the school by 18 November 2016 along with evidence as required.

PAYMENT AMOUNT

This one-off payment of $375 per student is only available in 2016 and will be paid to the school for the eligible student.

Families who were eligible for the means tested CSEF payment are also eligible to receive the Dairy Assistance payment. However families that have previously qualified for the CSEF drought assistance funding are not able to also access the CSEF dairy assistance funding.

OFFICE USE ONLY:

Government & Non-Government schools:

1. Parents/legal guardians and independent students are required to complete a Dairy Assistance application form and lodge the form at the school. Application forms are to be retained by the school.

2. The school is then required to complete and email the endorsed spreadsheet to csef@edumail.vic.gov.au by 2 December 2016. The spreadsheet template can be downloaded from www.education.vic.gov.au/csef

3. DET will make a bulk payment into the school’s bank account by the end of term 4, 2016.

4. The school will be required to allocate the funding directly to benefit the eligible student. The school should communicate with their school community about how the funding will be allocated.
DAIRY ASSISTANCE - APPLICATION FORM

MORTLAKE COLLEGE

School Name

Parent/legal guardian details

Surname: ____________________________________________

First name: _______________________________________

Address: _________________________________________

Town/suburb: __________________________ State: ______ Postcode: ______

Contact phone number: ____________________________

NOTE – the dairy assistance payment is only available to families who own, share-farm or lease a dairy farm business; or those people whose primary occupation is working on a dairy farm.

Student details

<table>
<thead>
<tr>
<th>Child's surname</th>
<th>Child's first name</th>
<th>Student ID</th>
<th>Date of birth (dd/mm/yyyy)</th>
<th>Year level</th>
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You are able to request access to the personal information that we hold about you, and to request that any errors be corrected, by contacting your child’s school.

Signature of applicant ___________________________________________ Date __/__/____

DAIRY ASSISTANCE ELIGIBILITY

Students currently enrolled at the start of Term 3, 2016 in government and non-government schools where one or both parents:

- own an operating dairy farm
- are share farmers on a property primarily operating as a dairy farm
- hold a lease for an operating dairy farm
- work as an employee on an operating dairy farm and this is their main source of employment.
DOGSITTER REQUIRED ONCE A WEEK (Friday’s)

I’m looking for someone to feed my dogs when I go to Melbourne 1-2 days per week. House/dogs located at Scott St, Mortlake.

Option of staying at my place if you want (with parent’s permission).

I am paying $10 per day. Would suit older student. Please contact Kerry – 0403 416 641

St Colman’s School Fete

St Colman’s Primary School will be holding a school fete on Friday 14th of October beginning at 3:30 to 6pm

Activities Include

- Show bags
- Plant stall
- Cake stall
- BBQ
- Gumboot throwing
- Apple bob
- Cowpat Bingo
- Pony Rides
- Drinks stall
- Popcorn
- Fairy Floss
- Jumping Castle
- Guess the lolly jar
- Face painting
- Devonshire tea
- Ice cream
- 1 dozen eggs
- Sack races
- 3 leg race
- Wheelbarrow race
- Egg & spoon

Come in join in the fun, food and friendship.
It's finally here again! Were you there last year at Lake Gillear? You weren't? Forget all the other sports; this is the real thing. Motocross is the name and fun is the game. If you are an EXPERIENCED MOTOCROSS rider we would love you to be at Lake Gillear for the Interschool Challenge. Does your school team have the skill and determination?

**Friday October 21st**

Wet weather backup day = TBA

Lake Gillear, Allansford

8.30 to approximately 3.30pm

$20 entry fee

Entry forms and details from your school's contact person.

Return to your school’s contact person asap

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# AS THEY GROW

**SUPPORT GROUP FOR PARENTS WITH SPECIAL NEEDS CHILDREN**

- NEW MEMBERS WELCOME
- PARENTS, CAREGIVERS, FRIENDS AND FAMILY WELCOME
- FIND US ON FACEBOOK

'AS THEY GROW - SUPPORT GROUP FOR PARENTS WITH CHILDREN WITH SPECIAL NEEDS.'

MEETINGS WILL BE HELD EVERY FIRST MONDAY EVENING OF THE MONTH AT 6PM, ROOM 2, MORTLAKE P12 COLLEGE, MORTLAKE.

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**FOR MORE INFORMATION PLEASE CONTACT AMANDA: 0452416942**
Raise funds and walk with us to help more Australians beat blood cancer!

Friday 21 October
6pm – 9pm
Carnival Site • Warrnambool Foreshore

Supporting the Leukaemia Foundation

The Fresh Market Food Court
Lanterns can be purchased on the night for a donation of $20
BBQ by Rotary Club of Warrnambool East
Plus a raffle with great prizes!

Supporting the Leukaemia Foundation
Organised & run by South West TAFE Diploma of Events Students
For more information phone South West TAFE on 1300 648 911

www.swtafe.vic.edu.au | 1300 648 911
## 2016 CALENDAR

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<tr>
<th>OCTOBER</th>
<th>DECEMBER</th>
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<tr>
<td>Mon 17th</td>
<td>Thurs 1st We love Rock &amp; Roll Performance</td>
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<td>Mon 17th</td>
<td>Fri 2nd Lion King Evening Performance</td>
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<td>T.S. Performance Exam</td>
<td>Mon 5th Choir Excursion</td>
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<td>17th-21st</td>
<td>Tue 6th Orientation Day</td>
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<td>Year 10 Work Experience</td>
<td>6th-15th P-3 Swimming</td>
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<td>Tue 18th</td>
<td>Fri 9th Grade 4 Assembly 9am</td>
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<td>Fri 21st</td>
<td>Fri 28th DEAP Warrnambool Yr4-6</td>
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<td>P-2 Sleepover</td>
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<td>Mon 24th</td>
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<td>Middle Years Information Night</td>
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<td>Tues 25th</td>
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<td>School Council</td>
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<td>Wed 26th</td>
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<td>VCE English Exams</td>
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<td>Thurs 27th</td>
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<td>Year 9/10 Cricket Warrnambool</td>
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<td>Fri 28th</td>
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<td>NOVEMBER</td>
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<td>Wed 2nd</td>
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<td>Yr 5-7 Life Ed Program</td>
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<td>7th-9th</td>
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<td>Yr 8-10 Advance Camp</td>
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<td>Fri 11th</td>
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<td>Yr 5-6 T20 Blast Cricket—Hamilton</td>
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<td>Mon 14th</td>
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<td>PUPIL FREE DAY</td>
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<td>Tue 15th</td>
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<td>Year 12 Dinner</td>
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<td>Tue 15th</td>
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<td>Bike Ed Excursion</td>
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<td>16th-18th</td>
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<td>Yr 5-6 Anglesea Camp</td>
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<td>16th-18th</td>
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<td>Yr 7 Nelson Camp</td>
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<td>Fri 18th</td>
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<td>Primary Triathlon</td>
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<td>Sun 20th</td>
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<td>OPEN GARDEN</td>
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<td>Tue 22nd</td>
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<td>School Council</td>
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<td>26/11-04/12</td>
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<td>Great Victorian Bike Ride Camp</td>
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<td>Mon 28th</td>
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<td>Lion King Evening Performance</td>
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<td>Wed 30th</td>
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<td>Lion King Matinee</td>
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<td>Wed 30th</td>
<td>P-7 First Aid</td>
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