

**Physical Education Unit 3****Assessment Guide****Semester 1 2019**

For Student Progress teachers will make an “on-balance” judgement about each student’s achievement in this subject. They will draw on ACARA assessment standards, classroom observation, and student’s contribution to work in class as well as a range of assessment tasks outlined in this assessment guide.

Possible assessment tasks	Assessment period	Topics and / or Concepts	The achievement grade includes assessment from the following tasks
	<b>Weeks 1 - 7</b>	-Classification of movement skills -Learning Skills -Motor Skill Development -Improving Skills -Kinetic concepts of Human Movement -Kinematic Concepts of Human Movement -Projectile Motion	*Outcome 1 Structured questions that draw on primary data which analyses a movement skill using biomechanical and skill acquisition principles.
	<b>Weeks 8-14</b>	-Principles of Equilibrium -Energy Systems -Oxygen Uptake	*Outcome 2 A laboratory report based on primary data collected during participation in a practical activity, which analyses the relative contribution of energy systems and acute responses to exercise.
	<b>Weeks 15-20</b>	-Acute Responses to Exercise -Fatigue & Recovery	*Outcome 2 A response which focuses on energy system interplay, fatigue and/or recovery.