

8-10 Health 1

Assessment Guide

Semester 1 2019

For Student Progress teachers will make an “on-balance” judgement about each student’s achievement in this subject. They will draw on ACARA assessment standards, classroom observation, and student’s contribution to work in class as well as a range of assessment tasks outlined in this assessment guide.

Possible assessment tasks	Assessment period	Topics and / or Concepts	The achievement grade includes assessment from the following tasks
<ul style="list-style-type: none"> • Successful completion of 75% of designated assessment tasks. • Skill acquisition coaching task. (IPads) • Attendance 80% 	Weeks 1 – 7	<ul style="list-style-type: none"> • Drug Education – Emphasis on Illegal Drugs 	<ul style="list-style-type: none"> - Research Task: Illegal Drug Summary & Work Sheet - Response to DVDs - Work Sheets – Research & Drug Summary - Vocabulary Tasks - Work Book
	Weeks 8-14	<ul style="list-style-type: none"> • Skill Acquisition • Aerobic & Anaerobic Pathways – An Introduction to the Energy Systems 	<ul style="list-style-type: none"> - ICT skill acquisition coaching task
	Weeks 15-20	<ul style="list-style-type: none"> • Aerobic & Anaerobic Pathways – An Introduction to the Energy Systems 	<ul style="list-style-type: none"> - Case Study Analysis - Work Sheets - Practical Activities / Reports <ul style="list-style-type: none"> - Aerobic Capacity Tests - Anaerobic Capacity Tests - Vocabulary Tasks