

Physical Education Unit 1

Assessment Guide

Semester 1 2018

For Student Progress teachers will make an “on-balance” judgement about each student’s achievement in this subject. They will draw on ACARA assessment standards, classroom observation, and student’s contribution to work in class as well as a range of assessment tasks outlined in this assessment guide.

Possible assessment tasks	Assessment period	Topics and / or Concepts	The achievement grade includes assessment from the following tasks
<ul style="list-style-type: none"> • Critical Analysis of Participation in a Reflecting analyzing Workbook • Written Reports using data from practical activities • Case Studies • Visual Presentations eg. Graphic organizer, poster • Multimedia presentation • Structured Questions 	Weeks 1 - 7	-Physical Activity, sport and exercise, enablers and barriers -Skeletal System -Muscular System	*Practical Activity Write-Up Skeletal System *Practical Activity Write-Up Muscular System
	Weeks 8-14	-Musculoskeletal Injuries -Performance Enhancement -Cardiovascular System	* Reflecting and Analysing Work Book – all tasks completed for Area Of Study 1 *Practical Activity Write-Up Cardiovascular System
	Weeks 15-20	-Cardiovascular Disease Respiratory System -Thermoregulation -Cardio/Respiratory -Performance Enhancement	* Reflecting and Analysing Work Book – all tasks completed for Area Of Study 2 *Practical Activity Write-Up Respiratory System or Performance Enhancement *Exam Unit 1