

Possible assessment tasks	Assessment period	Topics and/or Concepts	The achievement grade includes assessment from the following tasks:
<ul style="list-style-type: none"> - Attendance and participation with PE uniform (80%) - Achieving personal bests / goals or improving fitness results throughout the semester. - Skill development <ul style="list-style-type: none"> • 10 min. swim • Pentathlon • SEPEP role - Leadership responsibilities - Cooperation and teamwork skills 	Weeks 1-7	<ul style="list-style-type: none"> -Swimming -Athletics -Minor games / Ball Handling / Hand-Eye Coordination Skills -Fitness 	<ul style="list-style-type: none"> - 10 minutes swim result - Pre testing (fitness): Norm comparison - Attendance and participation with uniform (80%) - Skill development evaluation:- FR/S technique; 50m Freestyle times from Year 3-6 swimming carnival. - Skill Development – Minor Games; Hand-eye Co-ordination Skill
	Weeks 8 - 14	Athletics Ball skills - Tchouk ball SEPEP Football Fitness	<ul style="list-style-type: none"> - Attendance and participation with uniform (80%) - SEPEP participation & Leadership roles. - Skill development evaluation – Athletics; Pentathlon; 3-6 Athletics Scores - Skill Development evaluation – Football, Tchouk Ball - Fitness Tests – Improvement in 5 Tests
	Weeks 15 - 20	Tchouk Ball	<ul style="list-style-type: none"> - Attendance and participation with uniform (80%)

		Fitness Football Cross Country Fitness SEPEP	<ul style="list-style-type: none"> - Post testing (fitness). Achieving goals / improvement / Norm comparison - SEPEP participation & Leadership roles. - Skill development evaluation. - Cross Country times.
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For Student Progress Report teachers will make an “on-balance’ judgement about each student’s achievement in this subject. They will draw on VEL’s assessment standards, classroom observation, student’s contribution to work in class, as well as from a range of assessment tasks outlined in this assessment guide.